



INTIMO AWARE

Together we are inspiring women to make a difference. Everyday. Always.
www.intimo.com.au

What is Domestic Violence?

Any behaviour or behaviours used by one person to establish and maintain power over another person in the domestic or family situation or relationship, and which causes the victim to live with fear.

It is a form of bullying and is a significant health, social and economic issue for the Australian community.



The Incidence of Domestic Violence

Incidence in Australia

Due to the sensitive nature of the issue of domestic violence, it is difficult to accurately measure the incidence of domestic violence as it often goes unreported. However in 1996, the Australian Bureau of Statistics conducted a national survey, which found that 23% of women who have ever been married or in a de facto relationship have experienced physical violence from a male partner.

Incidence Worldwide

Similar results have been reported in New Zealand and other developed countries. According to the World Health Organisation, in every country where reliable, large-scale studies have been conducted, results indicate that between 10% and 50% of women report they have been physically abused by an intimate partner in their lifetime.

Types of Behaviour

Power & Control Controlling behaviours such as possessiveness, jealousy, put downs and threats are often evident before a relationship becomes physically violent.

Social Abuse Isolating from others - restricting social life and making it difficult for to have friends and maintain social contact with family.

Physical Assault Hitting, slapping, pushing, grabbing, kicking, pulling hair or threatening physical harm, breaking things, punching walls or driving a car dangerously.

Verbal Abuse Insults, name calling and swearing.

Economic Abuse Taking control of the finances and limiting the amount of and access to money and funds.

Psychological & Emotional Abuse Constant criticism and put downs, sulking, ignoring, humiliation.

Sexual Abuse Forcing a person to participate in acts they do not wish to perform.

Contacts

“One In Five
Women Will
Be Affected
By Domestic
Violence
Sometime
Within
Their Life”

National

Emergency 000

Domestic Violence Confidential

Helpline 1800 200 526

Lifeline 13 11 14

Kids Helpline Australia

1800 55 1800

Mensline 1300 78 99 78

Relationships Australia

1300 364 277

Victoria

The Domestic Violence & Incest
Resource Centre 9486 9866

Women's Domestic Violence Crisis
Service 9373 0123 or 1800 015 188

Immigrant Women's Domestic
Violence Service (Mon-Fri 9-5)
03 9898 3145

Women's Information & Referral
Exchange (Mon-Fri 9-5) 1300 134 130

Family Life 03 8599 5433

Queensland

Domestic Violence Telephone
Service 1800 811 811

Immigrant Women's Support
Service (Mon-Fri 9-5) 07 3846 3490

ACT

Domestic Violence Crisis Service
(24hr) 02 6280 0900

New South Wales

Domestic Violence Helpline (24hr)
1800 656 463

Domestic Violence Advocacy
Service (Mon-Fri 9-5) 02 8745 6999

Immigrant Women's Speak Out Assn
(Mon-Fri 9-5) 02 9635 8022

South Australia

Domestic Violence Helpline (24hr)
1800 800 098

Domestic Violence Crisis Service
1300 782 200

Tasmania

Domestic Violence Crisis Service
1800 633 937

SHE (Support, Help &
Empowerment) 03 9278 9090

Western Australia

Crisis Line (24hrs) 1800 199 008

Women's Refugee Group (Mon-Fri
9-5) 08 9420 7264

Northern Territory

Crisis Line (24hr) 1800 019 116

Domestic Violence Counselling
Service (Mon-Fri 9-5) 08 8952 1391

New Zealand

Emergency 111

Domestic Violence Crisis Line
Auckland (24hr) 303 3939

You Can Make a Difference



Did you know domestic violence affects one in five women? This could be your friend, sister, mother or co worker. Domestic violence has no borders culturally, financially, religiously or socially. It is an issue that is alarmingly common within our society and the biggest perpetrator is silence. Let's break the silence. Let's talk about it. Together, let's be aware.

